

Progression in PSHE Nether Edge Primary 2023/2024



	FS1	FS2	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Relationships	<p>What is a family?</p> <ul style="list-style-type: none"> - Understand the key things that make up a family. E.g. respect, love, kindness - Have exposure through stories to lots of different types of families. <p>What is a friend?</p> <ul style="list-style-type: none"> - Understand what a friend is. <p>What is a good friend?</p> <ul style="list-style-type: none"> - Identify what a good friend or a bad friend does. - Explore and understand lots of different scenarios of friends. 	<p>Who's in my family?</p> <ul style="list-style-type: none"> - Understand that families are made up of a special group of people who change over time. - Understand that these people are all connected in different ways, and that these connections are important (including online). <p>Do families always stay the same?</p> <ul style="list-style-type: none"> - Understand how changes and events can influence our feelings. <p>Who is my friend?</p> <ul style="list-style-type: none"> - Understand that there is a difference between close friends, friends, acquaintance, member of my community. What is an online friend? <p>What is an online friend?</p> <ul style="list-style-type: none"> - Understand that it is easy to hide your identity online. - Understand it is important to be kind online. <p>How do our actions impact others?</p> <ul style="list-style-type: none"> - Take responsibility for what we say and do. Including when messaging online. <p>What is bullying?</p> <ul style="list-style-type: none"> - To know that bullying is several times on purpose and that it is unacceptable. 	<p>How should families treat each other?</p> <ul style="list-style-type: none"> - Understand that children and adults both have responsibilities to each other, - Understand that we should feel loved, cared for and safe in our homes. - Know what to do if our needs are not being met. <p>When should I say no?</p> <ul style="list-style-type: none"> - Understand that other people need permission before they can touch us. - Understand that some parts of our bodies are more private than others. - Recognise that other people often want different things than ourselves. - I can say 'no' online when someone makes me feel sad. <p>What makes a good friend?</p> <ul style="list-style-type: none"> - Understand that friends do not always agree with each other but we can resolve our differences kindly and with mutual respect. - Understand that difference can be a positive thing in our relationships. <p>How can I be kind online?</p> <ul style="list-style-type: none"> - Being kind online is just as important as real life. - Identify what makes a good friend online and what to do when people are unkind. <p>What is bullying and how can it impact others?</p> <ul style="list-style-type: none"> - To know that bullying is several times on purpose. - To understand how bullying can make others feel. Know that this can happen online too. 	<p>Who owns my body? I do!</p> <ul style="list-style-type: none"> - Understand that certain parts of our bodies are very private, and only we get to decide what happens to them. - Understand that secrets and surprises are different. - Know how to report concerns. <p>Are all families the same?</p> <ul style="list-style-type: none"> - Understand that families are highly varied; no family is the same. <p>Should friends tell us what to do?</p> <ul style="list-style-type: none"> - Understand that friends should treat each other well and be fair. - Understand that there is not an ideal number of friends. - Understand that being controlling of other people is bad and that excluding other children is hurtful. - Understand that friends should not tell us what to do, although we should listen politely. - Recognise that there may be people online that make us feel sad or embarrassed. <p>What makes a boy or a girl?</p> <ul style="list-style-type: none"> - Discuss similarities and differences between boys and girls, including ideas that challenge gender stereotypes. <p>How should we communicate online and what should I do if I feel uncomfortable?</p> <ul style="list-style-type: none"> - Understand what information we share online with people we don't know. - What is inappropriate on the internet and what to do if they feel uncomfortable <p>What is bullying and how can we report it?</p> <ul style="list-style-type: none"> - To understand that hurtful behaviour (offline and online) including teasing, name-calling, bullying and deliberately excluding others is not acceptable. - To know how to report bullying and the importance of telling a trusted adult. <p>How can bullying impact others and their emotions?</p> <ul style="list-style-type: none"> - Understand the link between bullying, behaviours, and the emotions and thoughts of others. 	<p>Do families always stay the same?</p> <ul style="list-style-type: none"> - Understand that families can change. - Understand that parents can split up and people can die. - Know that these events are not the fault of the child. <p>What makes a good friend (offline and online)?</p> <ul style="list-style-type: none"> - Appreciate that we have responsibilities to our friends. - Acknowledge that other people's emotions are important - Understand that our actions can affect other people's feelings including online. - Learn what we can do to maintain healthy relationships. <p>Are friendships always fun (online and offline)?</p> <ul style="list-style-type: none"> - Understand that relationships come with a mixture of positive and negative emotions - Appreciate that friendships are not always perfect, - Understand that it is normal to disagree with your friends - Develop techniques to deal with conflict within friendships - Understand when a relationship is unhealthy and when support is required <p>How does conflict arise and how can we avoid it?</p> <ul style="list-style-type: none"> - Identify ways in which conflict may arise at school and home. - Explore ways in which conflict could be lessened, avoided or resolved <p>How should we respond to hurtful behaviour and get support?</p> <ul style="list-style-type: none"> - Identify strategies to respond to hurtful behaviour experienced or witnessed, offline and online (including teasing, name-calling, bullying, trolling, harassment or the deliberate excluding of others). - How to report any concerns and get support. 	<p>Are all families like mine?</p> <ul style="list-style-type: none"> - Appreciate that there are many differences between families and all families are unique. - Understand that there are far more similarities than there are differences - Understand that there is no one set family structure. - Appreciate that any type of family can provide love and support <p>Are families ever perfect?</p> <ul style="list-style-type: none"> - Identify positive feature that should be present in a family. - Know the difference between secrets and surprises (when to break confidentiality). - Understand the concept of consent - Revisit that 'My body belongs to me' (private parts, exceptions (doctors)) <p>What makes a close friend?</p> <ul style="list-style-type: none"> - Understand what it takes to be a good friend - Empathise with people who are excluded. <p>What is discrimination and how can we challenge it?</p> <ul style="list-style-type: none"> - To understand discrimination: to know what it means and how to challenge. <p>How should we treat people in school and wider society including online?</p> <ul style="list-style-type: none"> - To know that everyone, should expect to be treated politely and with respect by others in school and in wider society. - 	<p>Why do some people get married?</p> <ul style="list-style-type: none"> - Understand why some people get married. - Appreciate that not everyone wants to get married. - Know that forced marriage is illegal. <p>Are all friends the same?</p> <ul style="list-style-type: none"> - Understand that differences in gender, skin colour, religion, culture, sexuality and (dis)ability should not inhibit friendship or cause negative treatment <p>Can we be different and still be friends?</p> <ul style="list-style-type: none"> - Understand that we don't have to be the same as everyone else to have friends. - Appreciate that we should respect other people, irrespective of their unique characteristics. - Understand that friendships change over time, and our friends often have different opinions, feelings and motivations to ours. <p>How do I accept my friends for who they are?</p> <ul style="list-style-type: none"> - Appreciate that we should treat everyone with respect, regardless of their physical appearance. - Challenging gender stereotypes including online <p>How can discrimination impact others and how can we prevent it?</p> <ul style="list-style-type: none"> - To understand how discrimination can make people feel. - To explore how to prevent it all discrimination. <p>Can you identify and define the different types of bullying?</p> <ul style="list-style-type: none"> - Identify and define the different types of bullying including: direct, indirect, online, homophobic, racist, physical and emotional. 	<p>Is there such thing as a normal family?</p> <ul style="list-style-type: none"> - Understand the diversity of home lives - Appreciate that many people have heritage from other countries and may have dual heritage. - Understand that the cultural differences between families do not make people better or worse and often present an opportunity for learning and fun. <p>Should friends tell us what to do?</p> <ul style="list-style-type: none"> - Understand that friendship is not just about doing what someone says and that boundaries are healthy and an essential part of any relationship. - Appreciate that friends should make us feel good and safe. - How to respect boundaries online. - Identify behaviour that is controlling or manipulative. - Look at the difference between healthy and unhealthy relationships - Identify issues around consent and coercion. <p>Can I identify and understand toxic and unhealthy relationships?</p> <ul style="list-style-type: none"> - Understand what healthy and toxic relationships are and be able to put scenarios (including online) on a scale. <p>Can I identify toxic and unhealthy relationships and build confidence to act upon it?</p> <ul style="list-style-type: none"> - Acting out how to respond to unhealthy and toxic relationships. <p>What is prejudice and how should we respond?</p> <p>To understand prejudice including how to recognise behaviours/actions which discriminate against others and ways of responding to it if witnessed or experienced.</p> <ul style="list-style-type: none"> - To understand what stereotypes are and how they can negatively influence behaviours and attitudes towards others including online. - To develop strategies for challenging stereotypes and prejudice.