



PE Long Term Plan

Terms	Nursery	Reception	Year1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn Term 1	Fundamental skills	Fundamental skills	Invasion games	Invasion/competitive games	Invasion/competitive games	Invasion/competitive games	Invasion/competitive games	Invasion/competitive games
Autumn Term 2	Dance	Dance	Dance	Dance	Dance	Dance	Dance	Dance
Spring Term 1	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics
Spring Term 2	Athletics	Athletics	Gymnastics/Athletics	Gymnastics /Athletics	Gymnastics /Athletics	Gymnastics /Athletics	Gymnastics /Athletics	Gymnastics /Athletics
Summer Term 1	Fundamentals	Striking and fielding	Athletics/ Striking and fielding	Athletics/Striking and fielding	Athletics/Striking and fielding	Athletics/Striking and fielding	Athletics/Striking and fielding	Athletics/Striking and fielding
Summer Term 2	Fundamentals	Fundamentals	Striking and fielding	Striking and fielding	Striking and fielding/ last 3 weeks on Team building/basic problem solving	Striking and fielding/ last 3 weeks Team building/basic problem solving	Striking and fielding/ last 3 weeks Team building/basic problem solving	Striking and fielding/ last 3 weeks Team building/basic problem solving day

