

Progression in PSHE

Nether Edge Primary 2024/2025



	FS2	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Responsibility and respect, human rights and democracy	<p>What is a rule and what are our school rules?</p> <p>Why do we need rules in the classroom?</p> <p>What does fair mean? How can I be fair?</p> <p>How can I stay healthy and safe online?</p>	<p>What are rules at school and how they are made?</p> <p>What are rules in the playground and how they are made?</p> <p>Why do we have rules on the playground and at school?</p> <p>How do rules keep me safe when using technology?</p>	<p>What are our school rules and why should we follow them?</p> <p>What is democracy and what does it look like at school?</p> <p>Can I understand that rules are essential in a community and that a community has shared values?</p> <p>Can I explain simple rules for using online technology?</p>	<p>Can I explore and examine rules within our families, friendship groups and at school?</p> <p>Can I understand different consequences of breaking rules?</p> <p>Can I understand that rules are necessary for harmony at home and at school?</p> <p>Can I recognise democracy in our local community?</p>	<p>Can you explore the rules within our school and understand how these link to the laws of the country?</p> <p>Can I identify and understand the British Values?</p> <p>Can I understand the importance of democratic decision making in the UK?</p> <p>Can I understand democracy in relation to the British Values and how this impacts us?</p>	<p>Can I understand that rules are essential for an ordered community and how these might vary depending on the context?</p> <p>Consider our human rights as members of the community Can I consider human rights as a member of the community?</p> <p>Can I understand the Right to Education?</p> <p>Can I understand Individual Liberty in relation to the British Values and how it impacts us?</p>	<p>Can I explore and examine the rules within our lives and compare these with human rights?</p> <p>Can I examine the effects of antisocial behaviour?</p> <p>Do I understand the rule of law in relation to the British values and how this impacts us?</p> <p>Can I explain the difference between equality and equity?</p>
All about me including: self-esteem, how we grow as individuals including recognising their own and others emotions.	<p>What makes me feel happy and sad?</p> <p>What am I good at?</p> <p>What should I do if I feel lonely, afraid or angry?</p> <p>When should I tell others about my feelings?</p>	<p>How can I feel positive about myself?</p> <p>Can you use positive self-talk to feel more confident?</p> <p>Can you recognise, name and manage our feelings and realise they are a natural, important and healthy part of being human?</p>	<p>What I develop my own self-esteem?</p> <p>Can I develop my own self-awareness?</p> <p>Can I recognise and manage the effects of strong feelings such as anger, sadness or loss?</p> <p>Can I understand that news online can be scary and upsetting?</p>	<p>Can I develop my problem solving skills and develop my self-esteem?</p> <p>Can I explain how my own actions/emotions can affect others?</p>	<p>Can I identify feelings and express how I feel?</p> <p>Can I explore my own well-being and ways of supporting it?</p>	<p>Can I understand how self-esteem and confidence affect how we behave online?</p> <p>Can I develop and use strategies to resist unwanted peer pressure and behaviour?</p> <p>Can peer pressure be good? Can I recognise that feelings may alter or become unsteady at times of change and loss?</p>	<p>Can I understand how we develop and change as individuals as we grow up?</p> <p>Do I understand how we influence others?</p> <p>Can I recognise, express and manage feelings in a safe and positive way?</p>